

Covid Information Champions Information Sheet Issue 11 (short version) 31 March 2021

Roadmap out of lockdown - The government's four-step roadmap is now in the next stage as of 29 March. This means that outdoor gatherings (including in private gardens) of either 6 people or 2 households are allowed. The 'stay at home' rule has now ended, but many restrictions remain in place. For the Govt Road Map [Click Here](#)

Vaccine Supplies - From 29 March for an expected four-week period, there will be a reduction in the weekly supply of vaccine. Fewer appointments will be available for first doses during April, as the bulk of vaccine supplies will be used to fully vaccinate people who are due their second jab.

Vaccination Programme - You can find information about the vaccination programme, including resources for adults with learning disabilities and resources in different languages and formats [Click Here](#)

Questions and answers about the Vaccine are available [Click Here](#)

Lateral Flow Testing for Schools - Only students in year 7 and above have been asked to complete rapid testing, also known as lateral flow tests, twice a week. You can find your nearest collection site and order online [Click Here](#)

Free rapid testing for people who do not have any symptoms is still available in locations across Hertfordshire for over 16s. If you are leaving the house for an essential purpose such as shopping, or if you can't work from home, we recommend getting tested twice a week.

Are you registered with a GP? - To make sure you get your call to be vaccinated it is much easier if you are registered with a GP surgery which anyone can do irrespective of status. To Register [Click Here](#)

Inclusion - Videos have been created by some of Hertfordshire's Covid Information Champions in different languages about the coronavirus vaccine, these can be found here [Click Here](#)

BBC Asian Network: [Click Here](#)

HCPA Hertfordshire Care Providers Association: [Click Here](#)

BAME: Hertfordshire and West Essex Health and Care Academy [Click Here](#)

Keep on doing the basics:

- Wash hands regularly and thoroughly
- Keep distanced from others
- Wear a face-covering when required
- Self-isolate when told to do so

If you or your family need financial or practical help and advice with the cost of food or fuel this winter, please get in touch with HertsHelp:

[Click Here](#) or email info@hertshelp.net or call 0300 123 4044

For more information and guidance for **Residents** and **Businesses** during the pandemic please [Click Here](#)

Thank you to Community Help Hertfordshire for the above Content - For inquiries please contact:-

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